



Aurita K. ZEGA, MSc.-Psych., BSc.-Theol.

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CURRICULUM VITAE

A classy MSc graduate in psychology, specializing in Health Psychology, Psychotherapy Research & Life Course Development of Competence. My studies have equipped me with superior communication skills, exert strong critical & problem-solving skills, and high motivation to perform. In various internships, I demonstrated my problem-solving skills, highly motivated, conscientious, detail-oriented & teamwork manner. I also have proficiency in organization of projects. With my educational & international background in Europe, Asia & Africa, I bring diversity. Moreover, my life experiences furnish me with resilience, such that I can bring more strength to your team.

EDUCATIONAL BACKGROUND

Master of Science – Psychology

04/2018 – 9/2020 | Trier University, Germany

GPA: 1.7 (from 1-4; good)

Main tracks: Clinical Psychology, Health Psychology, Psychotherapy Research & Life Course Development of Competence

Master thesis: How affect sensitivity, affect regulation, and stressful life-events influence self-access & mental health in German and Indonesian cultures

Bachelor of Science – Psychology

10/2010 – 9/2017 | Trier University, Germany

GPA: 2.3 (from 1-4; good)

Main tracks: Motivational Psychology, Personality Psychology, Intercultural Psychology, Educational Psychology

Master of Science – Theology

7/2003 – 12/2005 | No degree

Duta Wacana Christian University, Indonesia

GPA: 3.85 (from 1-4; very good)

Main track: Practical Theology

Bachelor of Science – Theology

7/1997 – 1/2003 |

Duta Wacana Christian University, Indonesia

GPA: 3.35 (from 1-4; very good)

Main tracks: Educational Theology & Feminist Theology

SCHOLARSHIPS

Summer course in „Global Institute of Theology“ in Accra, Ghana

7/2004 – 8/2004

Scholarship from „World Alliance of Reformed Churches“, Switzerland

Theology Bachelor Study

7/1997 – 12/2001

Scholarship from „Indonesian Christian Church in West Java“, Indonesia

ACADEMIC ACHIEVEMENT

3rd best alum in Theology Bachelor Study

1/2003

Duta Wacana Christian University, Indonesia

COMMUNICATION SKILLS

“Successful Moderation of Meeting & Workshop”

6/2010

Adult Education Centre of Trier City

Seminar „Successful Public Relation“

9/2006

eed – Protestant Developmental Service

Redakteur & Journalist of Website

<https://niasonline.net>

06/2006 – 12/2007

OCCUPATIONAL EXPERIENCES

Journalist

3/2021 – now | Online Magazine „A&O“, the magazine of business psychology

- writing articles about business psychology
- recruiting sales team

Intern in School Psychological Service

8/2018 – 9/2018 | Saarlouis District, Germany

- application five psychological metric performance diagnostic instruments
- involvement & protocol generation of 50 counseling crisis conversations between students, parents, or teachers
- recording diagnostic, documentation of counseling & psychological intervention files

Intern in Communal Psychiatric Central Robert-Walser-Haus Saarburg

3/2014 – 4/2014 | Caritas Trier, Germany

- person-centered counseling with five clients
- supervising clients during daily programs
- planning & implementation of two socio-educational programs

Intern at IQ-test-development THINK (Test for (Highly) Intelligent Kids)

5/2013 – 12/2013 | Institute of High Talent Development & Research, Psychology Faculty, Trier University, Germany

- organization of data collecting
- assessment of four metric performance tests
- data input & preparation of statistical data analyses with SPSS
- developing literature database for the IQ-test norm

Intern in Human Resource Department

3/2013 – 4/2013 | Fresenius Kabi Asia Pacific, Jakarta, Indonesia

- selection of biographic database
- generate interview protocols
- selection of one sales person based on the company's goal & culture

RESEARCH & WRITING INVOLVEMENTS

Agustini, Y. M. & Zega, A. K. (in press). *Panduan Asah-Asih-Asuh bagi Anak Penyandang ADHD [Guides for parenting, teaching, and nurturing children with ADHS]*.

Simonsmeier, B., Flaig, M., Deiglmayr, A., Schalk, L. & Schneider, M. (2021). *Domain-Specific Prior Knowledge and Learning: A Meta-Analysis*. *Educational Psychologist*, 1-24.

Baudson, T. G., Wollschläger, R., & Preckel, F. (2016). *THINK 1–4. Test zur Erfassung der Intelligenz im Grundschulalter (Hogrefe Schultests)*. Göttingen: Hogrefe.

COMPUTER MASTERY

Science / Statistic: Ovid, Unipark, SPSS, Citavi, ResearchGate

HR tool: HRIS-Recruitment

Office Suites: MS Word / Outlook, Excel, LibreOffice Writer, GSuite Drive / Docs/Gmail

Presentation: MS PowerPoint, LibreOffice Impress, Google Slides, Prezi Present

Collaboration tool: Google Drive, Dropbox

Video Conferencing: Zoom, Skype

(Proficiency: intermediate – good)

LANGUAGE PROFICIENCIES

German – Advanced

English – Advanced

Luxembourgish – Beginner

ORGANIZATION SKILLS

Living Library

9/2014

Caritas Trier & Wittlich Library, Germany

2nd German-Indonesian

Weekend

5/2012

Schweich Synagogue Cultural Center, Germany

5th National Student Choir Festival

11/1999

Yogyakarta, Indonesia

Freudenburg, 05/10/2021

